



Transplant Coordination with OptumHealth Care Solutions

Transplant Centers of Excellence

Where can I receive quality care? What benefits are available? What will happen after surgery? If you're faced with the possibility of a transplant, OptumHealth Care Solutions can help. Available through your Principal Life Insurance Company medical coverage, a team of Principal Life transplant coordinators will work directly with you throughout your care and recovery program while helping maximize your transplant benefits.

Your transplant coordinator will add a personal touch when helping:

- Explain the transplant evaluation, surgery and recovery processes
- Answer your questions about benefits and coverage
- Assist you in choosing a Center of Excellence facility when selecting a hospital
- Coordinate your care before, during and after the transplant
- Facilitate the claims process so you and your family can focus on your care

HOW OPTUMHEALTH CARE SOLUTIONS WORKS	
1	Call the benefit phone number on your medical ID card and ask to have a transplant coordinator assigned to your case.
2	Your transplant coordinator will guide you step-by-step through the transplant process.
3	To ensure you receive the best care possible, your coordinator will work closely with you, your doctor, and the transplant facility. The coordinator will help you understand and maximize your benefits throughout your program.

Quality facilities, specializing in your condition

Transplant patients are more likely to get better care when treated by experienced, knowledgeable physicians who work together frequently. Better care leads to shorter hospital stays, higher success rates, faster recoveries and lower costs.¹ That's why OptumHealth has identified "centers of excellence" and created a transplant network of quality facilities.

When you choose an OptumHealth Care Solutions' Center of Excellence medical facility, you can have the peace of mind that you will be more likely to experience:¹

- More accurate diagnoses
- Higher survival rates
- Care planned, coordinated and provided by experts who specialize in the condition
- Appropriate therapy (neither too much nor too little)
- Fewer complications and shorter length of stay
- Decreased out-of-pocket costs

OptumHealth Care Solutions began offering its transplant network in 1989 and has become one of the leading transplant networks in the country. The network:

- Provides network access to more than 44 million lives
- Manages approximately 6,000 transplant cases each year
- Offers service through more than 100 credentialed medical centers in the United States
- Selects each program for specific strengths so you get the most appropriate care
- Uses a unique annual evaluation process to credential facilities and ensure quality

If you or someone you love needs a transplant, our transplant coordination program is here to assist and support you with a personal touch when it's needed most.

FOR MORE INFORMATION

To learn more about OptumHealth or specific facilities in their network, call the benefit phone number on your medical ID card, or visit OptumHealth at www.urnweb.com.

For more about the Principal *HealthyConnections* program and the resources available to you, log on to www.principal.com/health. Or, call the tollfree number on your medical ID card.

¹OptumHealth. www.urnweb.com/gateway/public/employers/evaluationAndContracting.jsp 2007



WE'LL GIVE YOU AN EDGE®

Principal Life Insurance Company, Des Moines, Iowa 50392-0001, www.principal.com

This material provides general information about the OptumHealth Care Services transplant network. It is not an insurance or coverage contract or complete statement of the provisions, benefits, limitations, exclusions and restrictions of the coverage. Principal Life does not diagnose or treat any medical condition or provide medical advice. OptumHealth is not affiliated with the Principal Financial Group®.